

Public Document Pack

MEETING

Date: Wednesday, 22 November 2023

Time: 6.30pm - 8.30 p.m.

Location: Via Microsoft Teams

1.	Welcome
2.	Minute and Feedback from Meeting on 20 September 2023 (Pages 3 - 16) (a) Minute – Copy Minute from meeting held on 20 September 2023. (Copy attached.) (b) Menti Feedback from meeting held on 20 September 2023. (Copy attached.)
3.	Section 1: Service & Partner Update and Consultations
	(a) Time for Change: John McLaren and Carol Graham- NHS Borders (Pages 17 - 44) Time for Change is a conversation with communities to share the challenges they are facing with workforce and finance, and the impact pressures are having on the services they provide.
	(b) Relational Mentoring Service: Katy Leigh, Partnership, The Wise Group (Pages 45 - 62) Relational Mentoring Service is a new service, fully funded by the Scottish Government, now available in the Scottish Borders, and aims to support people in or at risk of fuel poverty.
	(c) Community Police Update Community Sergeant Alison Grainger – Police Scotland.
	(d) Youth Engagement Update Pam Rigby, Youth Engagement Worker, Community Learning and Development Services, SBC
4.	Section 2: Community Empowerment and Community Funding
	(a) Cheviot Funding Table 2023/24 (Pages 63 - 64) Overview from SBC Communities & Partnership Team. (Copy attached.)
	(b) Neighbourhood Support Fund (Pages 65 - 68)

	<p>NSF recommendations to be presented by the Cheviot assessment panel on the following applications:</p> <ul style="list-style-type: none"> (i) CFA000197 Jedburgh Community Council (ii) CFA000198 Kelso Writers (iii) CFA000199 Pinnaclehill Park Orchard Association
5.	Section 4 : Local Priorities
	(a) Place Making - Update on Place Making progress in Cheviot.
	(b) Community Council Update
6.	Section 4: Other
	(a) Additional Information Document (Pages 69 - 74)
	(b) Any Other Competent Business
	(c) Date of Next Meeting
	(d) Meeting Evaluation

Please direct any enquiries to Fiona Henderson Tel: 01835 826502
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**SCOTTISH BORDERS COUNCIL
CHIEVIOT AREA PARTNERSHIP**

MINUTES of Meeting of the
CHEVIOT AREA PARTNERSHIP
held on Wednesday, 20 September
2023 at 6.30 pm. Via Microsoft
Teams.

Present:- S. Hamilton, S. Mountford, S. Scott, T. Weatherston, together with
Representatives of the following Community Councils and Partner
Organisations:-

John Taylor - Jedburgh Community Council
Harry Tomczyk – Kelso Community Council
David Watson – Ednam, Stichill and Berrymoss
Dean Weatherston - Chair of Cheviot Assessment Panel
Alison Grainger – Police Scotland
Pam Rigby – Youth Engagement Officer
Patricia Watt
Sumati Bala
Ruth Davidson
Scott Kyle
Katy Jackson - Abundant Borders
Colin McGrath

Apologies:- Councillor P. Brown
Councillor E. Robson
Susan Oliver – Headteacher, Jedburgh Campus
Charles Strang – St Boswells, Mertoun and Community Council
Louise Rawlins – CLDS Worker
Hazel Woodsell – Kelso Heritage
Carol Spalton - Crailing Nisbet and Eckford Community Council
Cath Henderson – Kalewater CC
Clare Starla-Nicoll – Heiton & Roxburgh CC
Fiona Benton – The Bridge

In attendance: - Community Co-ordinator – Gillian Jardine, Community Engagement
Officer – Emma Husband, Democratic Services Officer (F. Henderson).

1.0 APPOINTMENT OF CHAIR

In the absence of the Chair, Councillor Hamilton, seconded by Councillor Scott, proposed that Councillor Weatherston be appointed as Chair. There being no other nominations, Councillor Weatherston was appointed as Chair.

DECISION

AGREED that Councillor Weatherston be appointed as the Chair for the meeting of the Cheviot Area Partnership.

2.0 WELCOME

The Chair welcomed everyone to the meeting, which included Elected Members, Community Council representatives, Community Organisations and guests attending within the meeting and outlined how the meeting would be conducted.

3.0 **A DEDICATION TO ASSESSMENT PANEL MEMBER, BRAIN BURTON**

Prior to the commencement of the meeting, the Chairman made a dedication to Brian Burton, Assessment Panel Member, who sadly passed away on Tuesday the 8th of August 2023. Brian was a dedicated and passionate member of the community and an integral part of the Cheviot Neighbourhood Fund Assessment Panel. The Chairman went onto thank Brian for his considerable contribution to the assessment panel as well as the place-making work for the Sprouston community. Thoughts condolences were with Brian's family at this difficult time.

4.0 **FEEDBACK FROM THE MEETING ON 29 MARCH 2023**

4.1 With reference to paragraph 3 of the Minute of 31 May 2023, the formal consultation of the Local Housing Strategy (LHS) 2023-2028 closed on the 21st of July. A good response had been received to the consultation after attending a wide range of groups and partnership meetings and engagement through social media. Work was being undertaken on a summary report of the consultation which would include the feedback received. LHS was being updated and would be presented to the Executive Committee in early November.

4.2 With reference to paragraph 4, of the Minute of 31 May 2023, The Community Plan Partnership group had provided an update, as follows;

Following the consultation, the priorities were redrafted to form 11 outcomes and four themes – with changes made to the theme names to make it clearer what they were about, and have been amended to:

- *Poverty*
- *Learning, skills & economy*
- *Good health & wellbeing*
- *Place, community & connectivity*

Cross cutting issue: A resilient and net zero Scottish Borders by 2045. Community engagement and empowerment would underpin how we work and being people focused was a core value. The draft plan went to the CPP Strategic Board on 7th September 2023 and was available on the SBC website (Modern.gov).

SECTION 1: SERVICE & PARTNER UPDATE AND CONSULTATIONS

5.0 The Chair welcomed Neil Robertson to the meeting. Neil engaged with those present on the development of the Local Heat and Energy Efficiency Strategy. Neil shared the work that was being done to produce the strategy which would be a legal statutory requirement for Local Authorities by the end of 2023. Local Authorities would be required to develop a Local Heat and Energy Efficiency Strategy (LHEES) which identified what required to be done to change buildings and relevant local infrastructure by 2045 to fulfil the Scottish Government's objectives and local priorities relating to heat and energy efficiency in buildings. The LHEES would take into account and interact with local and national factors, such as the timing of planned infrastructure upgrades, access to resources and funding, major projects, decisions over the gas grid and community engagement. Covering a period of up to 15-20 years with detailed actions set out in shorter term Delivery Plans. (This builds on SBC's existing AWHEES). The LHEES would provide a framework and delivery programme for local authorities to reduce energy demand and decarbonise heat supply. The LHEES would set out the long-term plan for decarbonising heat in buildings and improving their energy efficiency across an entire local authority area. The number of older houses in a rural area was highlighted, which Neil acknowledged was a challenging and need to understand where these properties were within the community. In terms of new houses, new technologies needed to be embraced. In terms of private rentals, there would be legislation requiring landlords to undertake prescribed works for renting in the future.

**DECISION
NOTED.**

6.0 COMMUNITY HEAT DEVELOPMENT PROGRAMME

The Chair welcomed Ruth Dickenson, Fife, Lothians and Borders, Local Energy Scotland to the meeting. CARES aimed to support community organisations to decarbonise their buildings with 80% of eligible costs up to a maximum of £80,000 available. Subject to funding, CARES was open to March 2025, and projects had 12 months to complete following approval. The Fund was open to constituted non-profit distributing community organisations, including organisations with charitable status, which were established and operating across a geographically defined community. Organisations which were constituted but unincorporated could also apply. Ruth engaged with those present on Local Energy Scotland's Community Heat Development Programme explaining that the Government target was to be net zero by 2045 and shared how the programme supported communities to engage with, participate in, and benefit from the energy transition to net zero emissions. It was noted that Stichill Village Hall and Duns Swimming Pool had received funding.

**DECISION
NOTED.**

POLICE REPORT

7.0 The Chairman welcomed Sergeant Alison Grainger to the meeting to give an update on policing in the Cheviot Area. Sergeant Grainger advised that resources remained unchanged from the previous update. She congratulated the organisers of Kelso Civic Week and the Jethart Callant's Festival which had been well organised and had gone without incident. Local Police had been heavily involved with the St Boswells Fair which had seen some incidents but, on the whole, had been good natured. In terms of rural crime, there had been vehicle checks carried out through the night to try and stop the movement of stolen goods. Anti-social behaviour youth patrols had also been carried out in town centres. The focus for October/ November would be Fireworks and Bonfires. Community Councillor Taylor raised the untidiness outside the Police Station in Jedburgh and also people congregating in Jedburgh Square on Court days, using bad language and making residents uneasy. Dean Weatherston raised the parking issues in Kelso, particularly along Bridge Street.

**DECISION
NOTED.**

8.0 YOUTH ENGAGEMENT UPDATE

The Chairman welcomed Pam Rigby, Youth Engagement Worker, Community Learning and Development Services who advised on the Scottish Youth Parliament (SYP) and Election process. It was explained that the SYP was the young people's parliament, designed by young people and led by young people for the benefit of young people. They were committed to ensuring young people are heard by the decision makers of Scotland and are determined to campaign on the issues which matter most to Scotland's youth. The Members of the Scottish Youth Parliament were supported by staff from Scottish Borders Youth Voice to attend sittings and to deliver and develop local and national campaigns. In the Scottish Borders there were three elected representatives serving as Members of the Scottish Youth Parliament (MSYPs), elected by their peer group to serve for a two-year term. MSYP's attend three sittings of the Scottish Youth Parliament in each year and can also sit as members or conveners of committee groups. There are two constituencies covering Etrick, Roxburgh and Berwickshire and Midlothian South, Tweeddale and Lauderdale and the electronic voting system on the young scot platform using Young Scot cards would be used. The Candidates for the Youth Parliament would be present at the Community Conversations and would be engaging with Community Councils across the Borders. As well as the SYP campaigns and consultations, local

MSYPs would also be holding consultations and campaigns on issues specific to the Scottish Borders. If you have any issues, you know are affecting young people in the Borders get in touch. Contact youth@scotborders.gov.uk.

**DECISION
NOTED.**

9.0 SECTION 2: COMMUNITY EMPOWERMENT AND COMMUNITY FUNDING

9.1 Cheviot Funding Tables 2023/24

There had been circulated copies of the Cheviot Funding for 2023/2024 which detailed the funding available together with information on the allocation of the Neighbourhood Support Fund in 2023/24. The opening balance at 1 April 2023 was £46,383. Other sources of funding included Local Festival Grant Budget totalling £16,675.00, Annual Support Grant to Community Councils totalling £10,470.00, Common Goods, SBC Enhancement Grant, SBC Welfare Grant and SBC Small Schemes totalled £192,112.69. There had been two Neighbourhood Support Fund applications awarded since 1 April 2023 amounting to £1,628 and applications assessed and awaiting decision totalled £43,791.77.

**DECISION
NOTED.**

Neighbourhood Support Fund

9.2 It was noted that, since the last meeting of the Panel, two young people, R. Flint and E. Chalmers had joined the panel and were supported by the Youth Engagement Worker (Pam Rigby). There had been 10 applications received for the Cheviot Neighbourhood Support Fund totalling £43,791.77, which was an encouraging number. There had been circulated copies of a report which provided a brief description of each application received and a recommendation on the sum to be awarded to each project. As previously reported, projects with a mean score of 80+ in terms of their ability to deliver, clear evidence of need, potential impact, use of public money, innovation and sustainability and therefore would be recommended for approval and those were detailed below:-

9.3 Kelso Football Club

An application had been received from Kelso Football Club in the sum of £5,000 to upgrade their shower room which had fallen into a state of disrepair. The Group hoped to attract more players and community sport with improved facilities. The Panel were supportive of the project and recommended that £5,000 be awarded. In addition, the panel suggested that the group look to address the cause of the issues, i.e., freezing pipes as noted in the application, which would lead to fewer repairs and renovation work in the future.

9.4 Abundant Borders

An application had been submitted by Abundant Borders in the sum of £3,593.00, to create raised bed planters and an outdoor cooking space within the Community Garden space in Kelso. The project continued their work to create a sustainable community food garden in Kelso town centre and was supported by Abundant Borders. The Panel were supportive of the project and recommended £3,593.00.

9.5 Jedburgh Tourism Alliance

An application had been submitted by Jedburgh Tourism Alliance in the sum of £3,947 to update and print 30,000 copies of their Jedburgh leaflet and specifically distribute them out-with the town in designated tourism locations in Northumberland, East Lothian, and other Borders town in the promotion of Jedburgh. The project aimed to maximise opportunities to build local and regional economy as well as enhance the visitor experience. The Panel were supportive of the project and recommended that £3,947 be awarded. In addition, the panel ask that the Group consider the environmental challenges in producing single-use paper leaflets and encourage the group to use recyclable papers and online publications where possible.

9.6 **Kelso in Bloom**

An application had been submitted by Kelso in Bloom in the sum of £4,500, to renew greenspace with a mix of bedding and perennial planting. This would allow more diversity planting, improve sustainability, reduce costs, and create year-round colour to the town. The Panel were supportive of the project and recommended that £3,947 be awarded.

9.7 **St Boswells Village Hall**

An application had been submitted by St Boswells Village Hall in the sum of £5,000 to support their ambitious 3-part 'Greening' Project. The application was specifically for Part 1 – the installation of solar panels on the hall's roof. The project would dramatically reduce their dependence on the national electricity grid and keep ongoing costs under control. The Panel were supportive of the project and recommended that £5,000 be awarded and noted that the Application was currently ineligible, pending planning permission and conditions would be set prior to the release of funds.

9.8 **St Boswells Christmas Lights Group**

An application had been submitted by St Boswells Christmas Lights Group in partnership with the Village Week Committee in the sum of £5,000 to establish a village festive Christmas tree lighting-up event. The funding would support the installation of a permanent accessible power supply point which would enable temporary lights for festive occasions. The Panel were supportive of the project and recommended that £3,947 be awarded.

9.9 **Kelso Orchard Tennis Club**

An application had been submitted by Kelso Orchard Tennis Club in the sum of £4,000, to offer free tennis taster sessions to many junior players including toddlers aged 2 to 4 and juniors aged 5 to 18. These sessions could provide young people with the opportunity to exercise in a known environment and enjoy the many benefits that tennis had to offer in terms of physical and mental health. The Panel were supportive of the project and recommended that £4,000 be awarded. The panel noted that young players be encouraged to bring their own water bottles and that free refill to lower refreshment costs be offered to reduce environmental impact.

9.10 **Visit Kelso**

An application had been submitted by Visit Kelso in the sum of £3,761.30 to purchase in-house IT equipment such as a laptop, and printer. These items would support the group to grow, develop and reduce financial pressures on employing external help for existing work. The panel raised queries on the necessity of Apple products due to their cost, as well as the requirement for branded pens. Information provided noted that the group predominately use Apple products, so an iPad was required to ensure their existing products linked. The branded pens were used as a marketing tool and were often given as gifts to such events such as their window dressing competition. The panel were happy with the information provided and support of the application and recommended that £3,761.30- be awarded.

A further application had been received and had been discussed by the Assessment as follows:-

9.11 **Morebattle Community Shop**

An application had been received from Morebattle Community Shop in the sum of £4,940.00 to instal a retractable awning to the front of the shop, to provide essential sun screening and shelter for those waiting for the bus service. The panel had expressed concerns with regard to the cost of the proposed awning and agreed to recommend approval of 50% of the request totalling £2,470 as a contribution to the cost.

The Panel had approached Passenger Transport with regard to the provision of Bus Shelters in Morebattle. While Passenger Transport would support the request for Bus

shelters in Morebattle, there were no plans or funding available, although elected members may have access to small scheme or other funding as their community requests. It was likely that given the location of the village that “Heritage style” structures would be required.

9.12 Association South Scotland Entertainment Tent (ASSET)

An application had been received from the Association South Scotland Entertainment Tent (ASSET) to support the purchase of items, training and marketing to initiate use of the community asset. The Panel had sought clarification, with regard to some of the costs detailed in the application and in particular asset depreciation, catering aprons, catering gloves, catering tongs, napkins as the panel did not feel these were appropriate costs for the application. The panel had also sought further information in terms of the insurance costs and whether public liability was included. Although the project scored 80+, the panel did not feel some of the costs listed were suitable for the fund and therefore decided to recommend part-fund of the project in the sum of £3,500.

9.13 With reference to paragraph 8.4 of the Minute of 20 September 2023, it was reported that one application had been received and confirmation was awaited. The outstanding posts had been marketed through SBC Comms and E. Husband had shared amongst contacts, as well as reaching out to local community members.

Remaining positions:-

- Member of the Public (Jedburgh & District)
- Community Councillor (Jedburgh & District)
- Member of the Public (Kelso & District)

DECISION

(a) **AGREED** that the following sums be awarded to each of those listed:-

- **Kelso Football Club - £5,000**
- **Abundant Borders - £3,593.00**
- **Jedburgh Tourism Alliance - £3,947.00**
- **Kelso in Bloom - £4,500.00**
- **St Boswells Village Hall - £5,000**
- **St Boswells Christmas Lights Group - £5,000**
- **Kelso Orchard Tennis Club - £4,000**
- **Visit Kelso - £3,761.30**
- **Morebattle Community Shop - £2,470**
- **Association South Scotland Entertainment Tent (ASSET) - £3,500**

(b) **NOTED**

(i) that approval of the following Applications was subject to planning permission being granted:-

- **Morebattle Community Shop**
- **St Boswells Village Hall**

(ii) **The timetable for future meetings as follows:-**

Application Deadline	Assessment Panel	Area Partnership
18 October 2023	01 November 2023	22 November 2023
13 December	10 January 2024	31 January 2024

2023		
14 February 2024	06 March 2024	27 March 2024

SECTION 3: PLACE MAKING

- 9.0 The Community Engagement Officer explained the say Jed Town Team continued to meet and were planning community engagement events before and after Christmas. Further information on the progress being made across the Borders can be found at [Place Programme \(arcgis.com\)](#).

DECISION NOTED.

10.0 SECTION 4: Other APPOINTMENT OF CHAIR

As there was no vice chair appointed, Councillor Scott, seconded by Councillor Mountford proposed that Councillor Weatherston be appointed as Vice Chair. There being no other nominations, Councillor Weatherston was appointed as Vice Chair.

DECISION AGREED that Councillor Weatherston be appointed as the Vice Chair for the Cheviot Area Partnership.

10.1 ADDITIONAL INFORMATION DOCUMENT

The Chairman advised that additional information was included in the agenda pack which contained information on current consultations and links to useful information.

DECISION NOTED.

11.0 DATE OF FUTURE MEETINGS

Future Meetings of the Cheviot Area Partnership would be held on the following dates:

Wednesday, 31 January 2024

Wednesday, 27 March 2024

The next meeting would be held on **Wednesday, 22 November 2023 at 6.30 p.m.** via Microsoft Teams.

12.0 MEETING EVALUATION

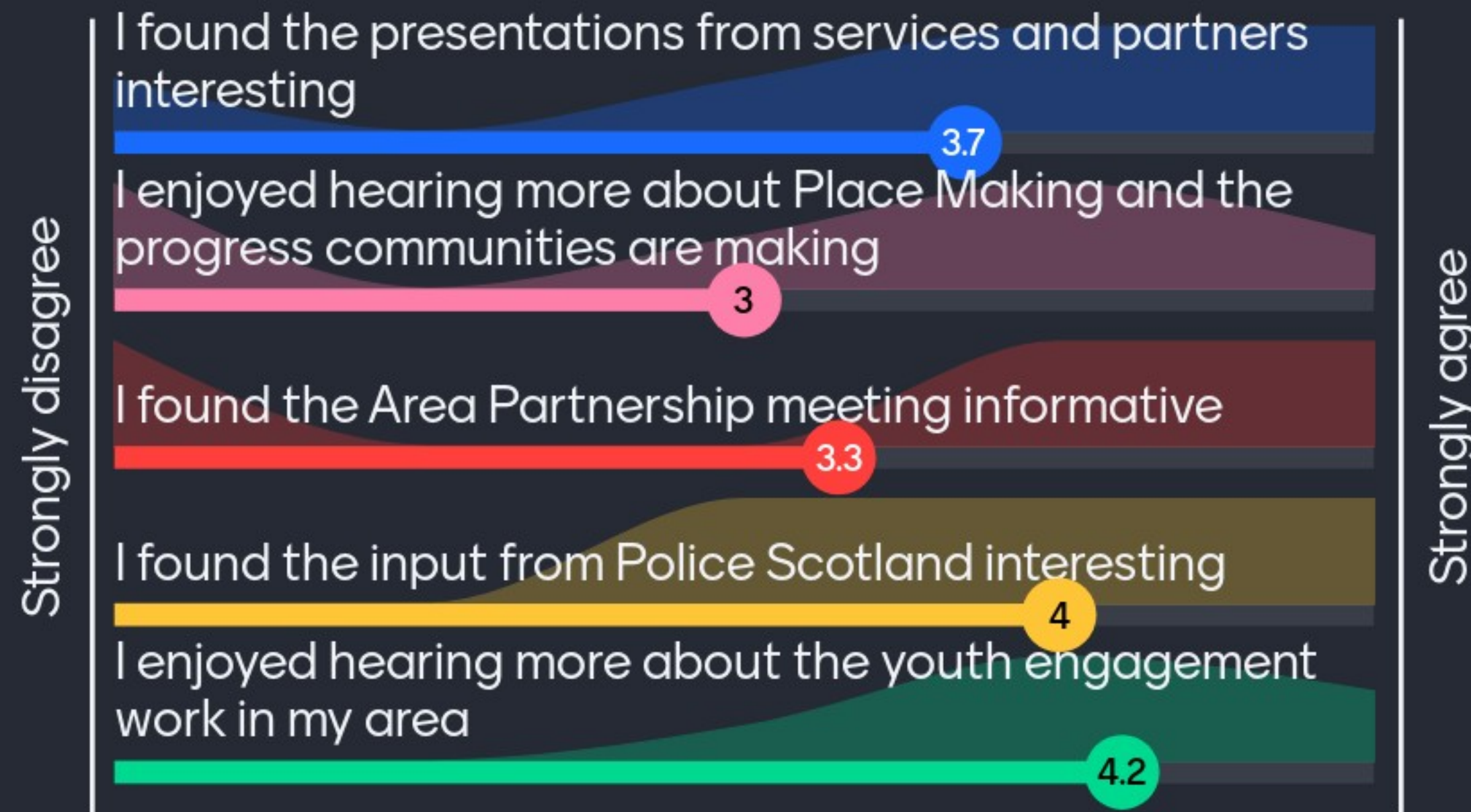
Ms Jardine reminded those present about the meeting evaluation form which could be accessed via the link <https://forms.office.com/r/HHH1dEcmz3>. She added that feedback about the Area Partnership meetings was really helpful and always appreciated.

The meeting concluded at 19:45 p.m.

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Cheviot Area Partnership Evaluation

Please use the sliders below to choose whether you agree or disagree with the following statements



If you have any comments, feedback or recommendations for panel of the Neighbourhood Support Fund, please share them here

4 responses

I found the subjects by Neil Robertson Ruth Dickinson very interesting tonight. 14 apologies tonight from invitees.....

I couldn't hear all the speakers. I thought I'd be able to ask questions but I couldn't, so not much point in attending.

The transmission was poor, frequently breaking off and the sub titles did not make sense. Therefore difficult to give evaluation.

I wasn't in attendance for the Placemaking update but couldn't opt out of evaluating it!

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What topics would you like to see covered at future area partnership meetings?

Waiting for responses ...



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If you would be interested in joining the Cheviot Assessment Panel, please leave your email and our team will get in touch

Waiting for responses ...



Do you have any further questions or comments?

4 responses

Thank you

No

5 meetings a year how about 1 on Teams; 1 in Jed; 1 in Jed District, 1 in Kelso; 1 in Kelso District. Worth a shot surely to try and get people involved. Advertise next year now and push it nearer.



Time for Change



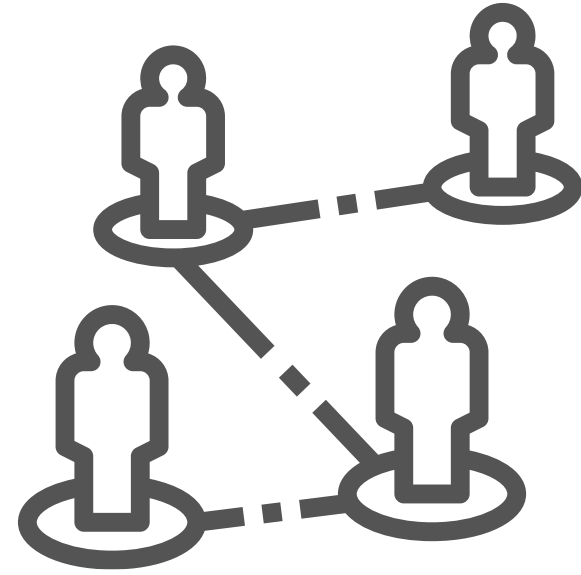

**Think
Different**
And help us make
vital savings


**Think
Different**
And help us plan
for the future


**Think
Different**
And help us change
for the better

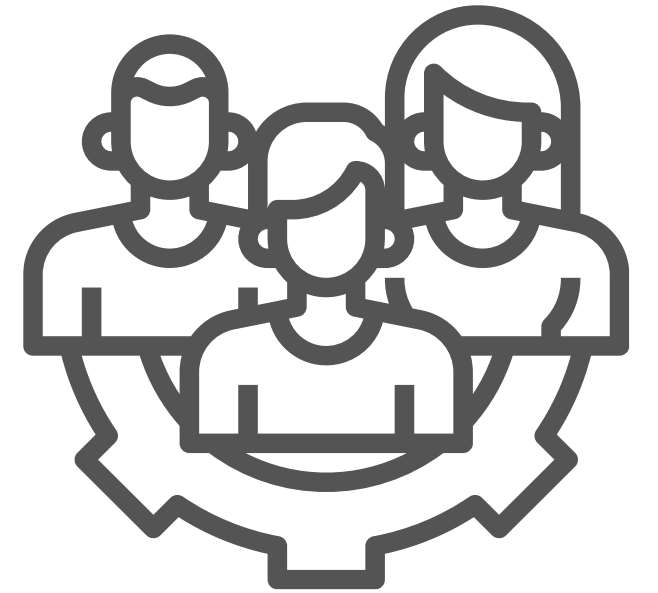


Developments in
healthcare



Demographics

Drivers for change



Workforce



Money



Setting the scene

- The scale of the challenges faced in planning and delivering health services to meet need are unprecedented
- We must balance the delivery of safe, quality care within the financial and human resources available to us
- We have significant workforce challenges, with a smaller working age population (45% vs 65% nationally) operating across a large rural area and national shortages of specialist workforce in many areas
- Our financial deficit has continued to increase over the past few years due to growth in demand and changes in the cost of healthcare. We are projecting an overspend of £26 million by March 2024

We need to start doing things differently



We cannot meet infinite demand with the resources available

This means we must consider options and make decisions about which services we do or do not provide, where from and who by

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We are committed to involving our staff and communities in the development of options and the decision making process

Sometimes developments are out of our control (e.g. independent contractor decisions)

It is important that we trust one another



Social determinants of health & wellbeing

- The population of the Borders is 116,000
- Social determinants of health are the conditions in which we are born, grow, age, live and work
- They can be more important than healthcare or lifestyle choices in influencing our health outcomes, and often lead to health inequalities
- That's why it is important that people play their part in their own health and wellbeing

Services you can access in the community



Community Bed Based Services (e.g. Care homes, community hospitals)



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Acute Hospital Services



Mental Health Services



Services in the community | Where are we now?

- **Recruitment and Retention Challenges** with independent contractors; GPs Dentists, Pharmacists, Opticians
 - 15% of Community Pharmacists have no regular Pharmacist on a day-to-day basis
 - 10% GP vacancy rate
- **Demand for NHS dental services** continues to increase but there are significant national challenges in recruitment and retention of general dental practitioners
- Many **buildings in the community** are old and require upgrading and expansion
- **Primary Care Improvement Plan (PCIP)**: many services that used to be delivered by GPs are now provided by the Health Board (e.g. vaccinations and treatment rooms)
- **Pharmacy First** is an excellent service where you can receive treatment for a range of ailments direct from the community pharmacy
- **Diversified and upskilled workforce** – new roles, e.g. Advanced Nurse Practitioners mean you don't always need to see a GP
- **Health creating capacity** – what can you do to take responsibility for your own health?

What you have already told us

- Access to local primary care is important to people
- When asked what the gaps in health and social care are, the second most common response was “access to a GP”
- In Berwickshire people said that GP recruitment and access to Dentists is an issue
- In Tweeddale feedback showed that GP communication has improved
- Carers reported needing more support from their GP in their caring role
- Post-diagnostic support for people with dementia is lacking
- Face to face appointments are important to many people

Achievements and areas of focus

- **GP Fellowship scheme** to attract 'first five' GPs to the Borders
- **First Contact Practitioner:** Musculoskeletal Physiotherapy
- **Renew service:** a centralised service offering a 'see and treat' model for anxiety and depression
- **Urgent care pathway:** established in 2019, led by an Advanced Nurse Practitioner (ANP)
- **Service / Workforce Reviews:** operationally led reviews to forward plan safe, effective, equitable and both clinically and financially viable services
- **Primary Care Improvement Plan (PCIP):** continue to develop multi-disciplinary teams to support GPs, providing access to a range of healthcare professionals who support GPs providing comprehensive care to patients.
- **Increasing capacity of the dental service**

How you can look
after your own
health & social care
needs



Value Based Health & Care
Pharmacy First

Right place, right care

Oral Health care

Social Prescribing

Getting vaccinated

Self-Care; NHS Inform

Future Care Plans for the Frail

Connect with others

Live a healthy lifestyle



What matters to you?

- How do you feel about what we have shared with you today?
- How does this reflect your own experiences?
- What matters to you?
 - What matters most?
 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?



Community Bed Based Services | Where are we now?

- Many people in Community Hospitals do not need acute nursing care
- People are remaining in Community Hospitals for longer than they need to
- Health & Social Care availability is very limited
- It is difficult to recruit care staff



What you have already told us

- In Cheviot and Teviot & Liddesdale people said the Community Hospitals are good but have limitations in beds and what they can do
- The role of the community hospital seems to be unclear to the public– is it urgent care recovery, hospice, specialist?
- There are ideas about expanding what the community hospital does to reduce pressure on the BGH

Achievements and areas of focus

- Joint working across the Health and Social Care Partnership
- Borders View (BGH)
- Care Villages and Extra Care Housing
- Technology Enabled Care
- Purpose and role of Community Hospitals
- Hospital at Home pilot
- Respiratory virtual ward
- Discharge without Delay
- Prevention and wellbeing

How you can look after your own health & social care needs

Value Based Health & Care
Power of Attorney
Consider your home
environment

Have a network of support
Look after elderly relatives
(falls, isolation)

NHS Inform for guidance

Get vaccinated

Move more



What matters to you?

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- What matters to you?
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 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?



Acute Hospital Services | Where are we now?

- All our beds are open all year round so we have no extra space when things get very busy
- Lots of beds are occupied by people who are ready to move to their next place of care. Hospital is not the safest place to be if you are medically fit to move on, especially if you are frail
- We have faced some significant staffing challenges, although this is improving but there are still national shortages of registered nursing and medical staff
- Our performance is not where we want it to be (e.g. A&E 4 hour target)
- Recovery following the Pandemic is difficult with lots of people waiting a very long time to get their treatment
- We need to consider how the Borders General Hospital operates over the next 10–20 years

What you have already told us

- It was a common theme that we are generally good in a crisis but we need to ease pressure by reducing need for crisis response
- There was generally positive feedback about inpatient care
- The BGH is not easy to get to for everyone in the Borders, especially in an emergency



Achievements and areas of focus

- Successful International recruitment: 60 Registered Nurses/Allied Health Professionals and 15 International Medical Graduates
- Virtual Ward pilot (respiratory)
- Hospital at Home pilot
- Near Me appointments
- 'Surge' planning process underway to free up beds for patients requiring planned treatment (e.g. surgical procedures)
- Service / Workforce Reviews: operationally led reviews to forward plan safe, effective, equitable and both clinically and financially viable services

How you can look after your own health & social care needs

Value Based Health & Care

Waiting Well

Patient Initiated Review

Move More



Connect with others

Use NHS Inform for advice

Get vaccinated



What matters to you?

- How do you feel about what we have shared with you today?
- How does this reflect your own experiences?
- What matters to you?
 - What matters most?
 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?



Mental Health Services | Where are we now?

- Significant staffing challenges e.g. Psychiatry Consultant staffing is 43% below establishment
- 'Safe staffing' levels are difficult to achieve across inpatient areas
- Performance is much lower than we would like (e.g. Child and Adolescent Mental Health Services)
- Recovery following the Pandemic is difficult with lots of people waiting a very long time to get their treatment
- Many buildings are old and require upgrading and expansion
- Health creating capacity – what can you do to take responsibility for your own health?



What you have already told us

- Across localities it was perceived that there are challenges within Mental Health services
- The Mental Health Forum said that they had good experiences of multi-agency responses, Local Area Co-ordinators providing support and good co-production of service design and delivery
- Waiting times for mental health services are concerning
- Some people accessing mental health services said they had good experiences with their GPs but those in the LGBTQ+ community said that GPs could improve their support

Achievements and areas of focus

- Renew service: a centralised service offering a 'see and treat' model for mild to moderate anxiety & depression
- Millar House: offering supported accommodation for patients with varying mental health disorders
- Mental Health Community based teams and services
- Dementia Transformation (Borders Specialist Dementia Unit, Extra Nursing Care)
- Service / Workforce Reviews: operationally led reviews to forward plan safe, effective, equitable and both clinically and financially viable services

How you can look after your own health & social care needs

Have a network of support

Connect with others

Get vaccinated

If you are worried, speak to
someone

Stay active & spend time
outside if you can

Wellbeing Service

Breathing Space



What matters to you?

- How do you feel about what we have shared with you today?
- How does this reflect your own experiences?
- What matters to you?
 - What matters most?
 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?





THANK YOU



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Relational Mentoring™ Service Partnerships

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June 2023



Contents

01	Who we are	06	Eligibility & referral process
02	Our why	07	Success stories
03	What is RELATIONAL MENTORING™?	08	Our mentors
04	Support for service users	09	Partner with us
05	Additional support		

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Who we are & what we do

- Poverty alleviation
- Employment support
- Energy advice and advocacy
- Community justice
- Mentoring

Our work is guided by our passion and commitment for social justice and a fairer society for all.

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Fuel Insecurity In Central Scotland

Fuel vouchers Requested by Home Energy Scotland
in Strathclyde and Central



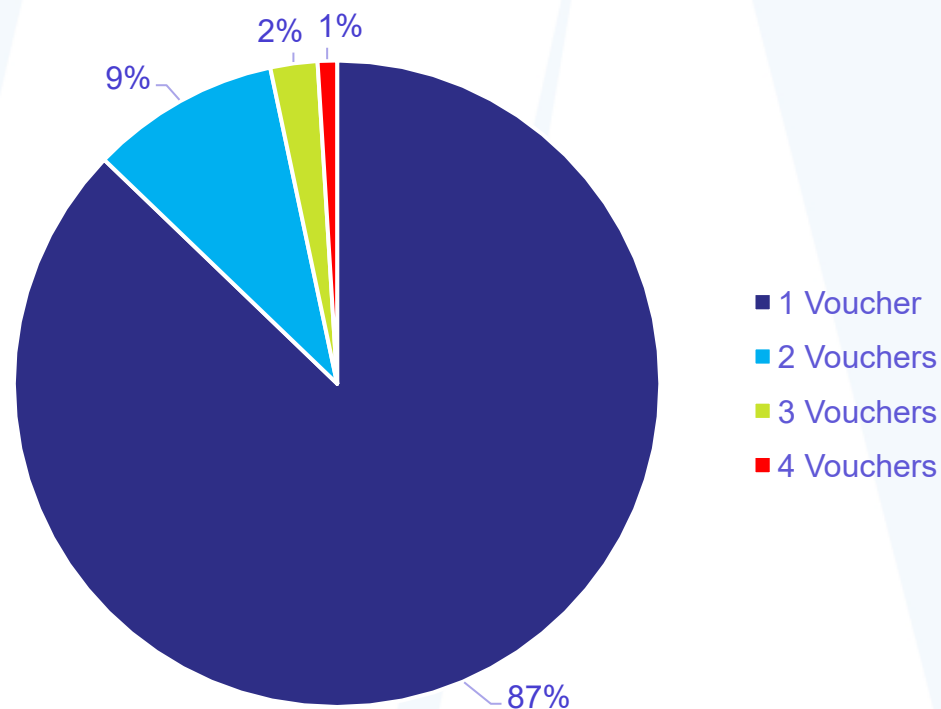
In the fuel crisis the demand for fuel vouchers more than doubled.



Fuel Insecurity In Central Scotland

Vouchers

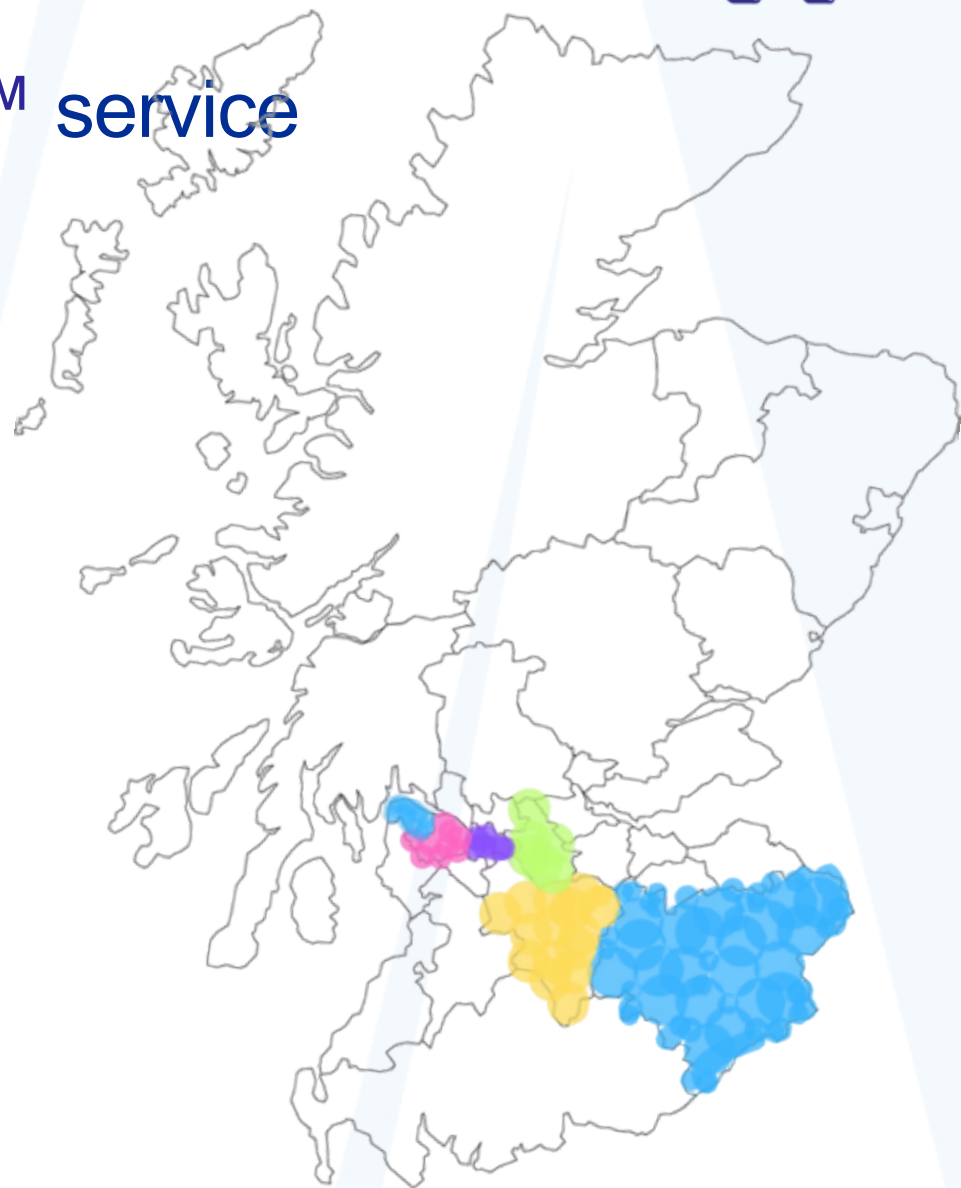
- 3.5k vouchers requested by HES Strathclyde and Central 2022-2023
- 87% of households were only able to access one voucher
- Second half of financial year saw 65 households rejected for support as they reached their voucher limit





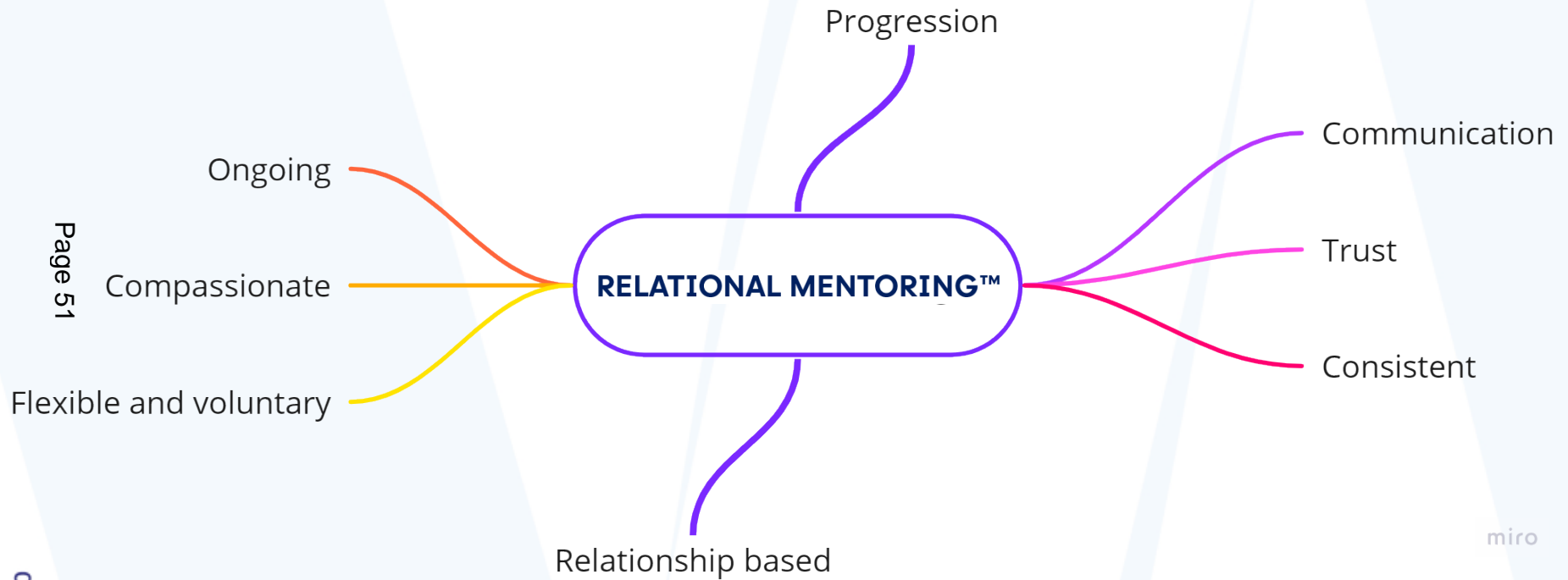
Our relational mentoring™ service

- Tackling poverty at a household level
- Face-to-face, holistic approach
- Support for 3,000 households in six Local Authority areas
- Provide community-based support for the most vulnerable households
- Where the Fuel Insecurity Fund partners distribute crisis grants, we will provide long-term support





What is relational mentoring TM



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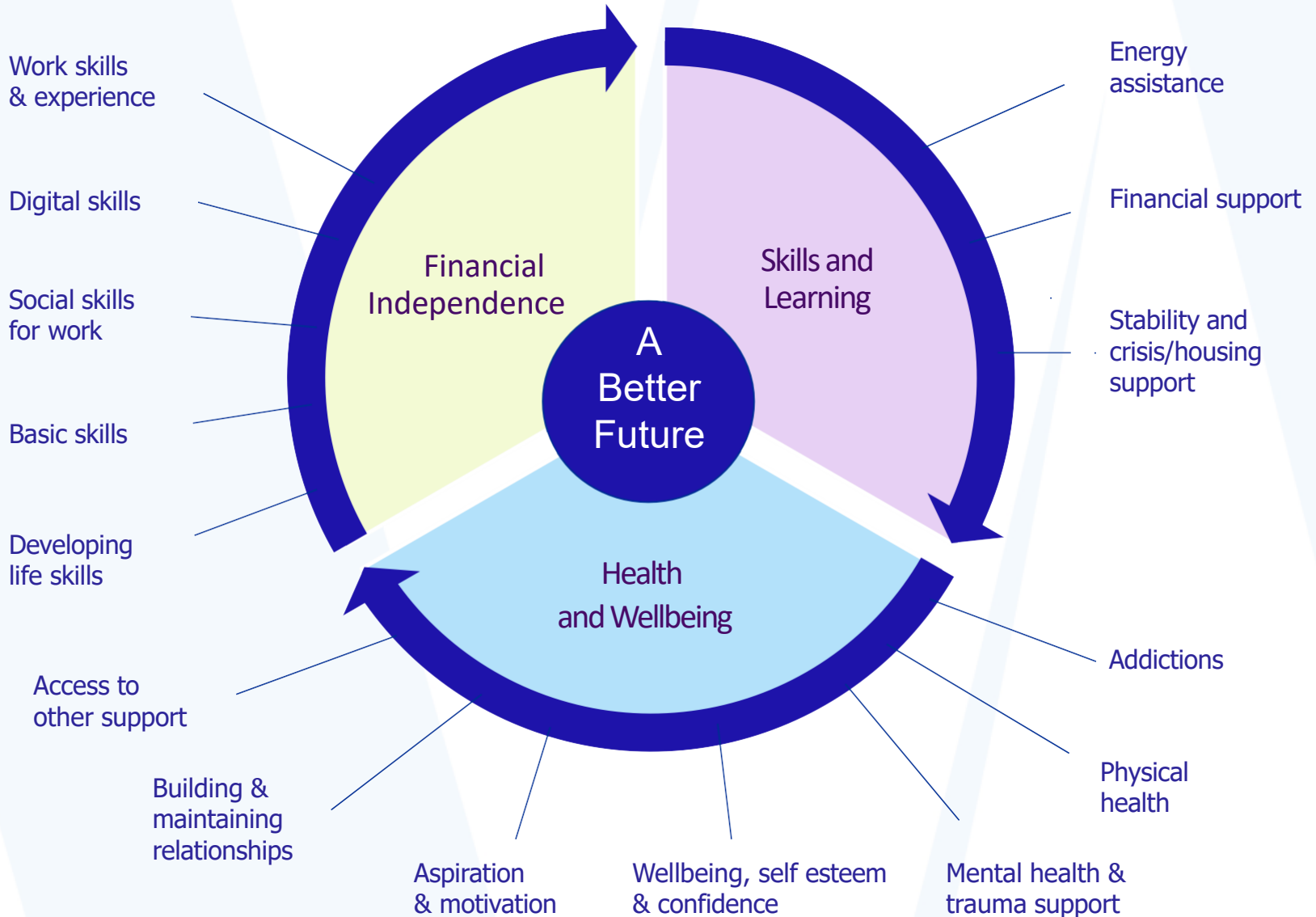
miro

Support for service users



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W e s e r v i c e s





Additional support services



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Eligibility Criteria – Who CAN we help?

- Household in or at risk of fuel poverty
- Live in one of the six local authorities
- Willingness to participate (voluntary)





Referral process

- Demonstration for your team will be provided
- One member of the household is referred
 - Entire household will be able to access mentor support
- Mentoring will be provided for as long as needed





Our mentors



Kelsey has been a relational mentor for the Wise Group since May 2021 supporting people overcome barriers in all aspects of life.

In the No Limits project, Kelsey's been working with a 16-year-old participant who was struggling with her self-confidence and schoolwork.

Since taking part in our No Limits project, she's become more confident and finally received her diagnoses that have helped her, and her teachers understand her struggles better.

As one of our relational mentors, Kelsey will be there for our service users every step of the way with a compassion focussed approach to mentoring.





Partner with us

Wise Group Relational Mentoring (SG) ...

1. Customer_First_Name
2. Customer_Last_Name
3. Customer_National_Insurance_Number
4. Customer_Date_of_Birth
5. Customer_Contact_Number





Why partner with us?

- "We feel like millionaires hen - thanks so much you have no idea how this will help us" - Mr & Mrs Conor awarded over £10k as both were eligible for the high-rate Attendance Allowance

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- "I have had, at different times, two other groups helping me back into work. This is the first time it has been a very helpful and positive experience."

w i s e g r o u p

- "I no longer worry about my energy bills. I would sit cold worrying about how long the heating had been on. Now I can sleep at night"



Your local partnership executives



Katy Leigh

Katy is new to The Wise Group and is excited to be bringing the service to The Scottish Borders which has been her home for 23 years. She has had a varied career to date, but mainly in customer service. She enjoys meeting new people, socialising, and walking with her best friend, 'Norman 'the collie dog!!!



Thank you

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wise group



[07801340054](tel:07801340054)



katy_leigh@thewisegroup.co.uk

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Cheviot Funding 2023/24

20 September 2023

Neighbourhood Support Fund (NSF) 2023/24	
	£
Opening balance as of 01/04/2023	£ 46,383.00
Plus LBF2 Returned Funds	£ 15,073.36
Total available	£ 61,456.36
Less:	
NSF applications awarded since 01/04/2023	£ 42,399.30
NSF applications that are assessed and await decision	£ 5,019.18
Sub-total	£ 47,418.48
Funds remaining if assessed applications are successful	£ 14,037.88
NSF applications still to be assessed	£ -
Potential Overall Position	£ 14,037.88

Other sources of grant funding - Cheviot			
Grant Type	Available	Awarded	Remaining
Local Festival Grants	£ 16,675.00	£ 6,500.00	£ 10,175.00
Annual Support Grants (Community Councils)	£ 10,470.00	£ 5,310.00	£ 5,160.00
Village Halls (inc. Secretariat fee paid to the Bridge)	£ 9,140.00	£ 9,140.00	£ -
SBC Small Schemes	£ 73,320.00	£ 63,009.00	£ 10,311.00
Common Good (Jedburgh)	£ 76,000.00	£ 50,500.00	£ 25,500.00
Common Good (Kelso)	£ 2,500.00	£ 650.00	£ 1,850.00
SBC Enhancement Trust	£ 126.05	£ 79.88	£ 46.17
SBC Welfare Trust	£ 3,557.56	£ 611.83	£ 2,945.73
Totals	£ 191,788.61	£ 135,800.71	£ 55,987.90

Summary of applications						
No.	Date	Fund	Organisation Name	Amount	Project	Status
1	16/04/2023	NSF	Jedburgh and District Community News Group	£ 998.00	Web Development for 'Jed Eye'	Awarded
2	16/04/2023	NSF	Ancrum Community Council	£ 630.00	Community Garden Development	Awarded
3	23/07/2023	NSF	Kelso Football Club	£ 5,000.00	Changing Room Development	Awarded
4	31/07/2023	NSF	Abundant Borders	£ 3,593.00	Accessible Planting and Outdoor Cooking	Awarded
5	04/08/2023	NSF	Jedburgh tourism Alliance	£ 3,947.00	Jedburgh Tourism Leaflet	Awarded
6	05/08/2023	NSF	Kelso in Bloom	£ 4,500.00	Flower Bed Planting	Awarded
7	05/08/2023	NSF	St Boswells Village Hall	£ 5,000.00	Solar Panel Installation	Awarded
8	07/08/2023	NSF	St Boswells Christmas Lights Group	£ 5,000.00	Christmas Lights	Awarded
9	07/08/2023	NSF	Kelso Orchard Tennis Club	£ 4,000.00	Free Tennis for Juniors	Awarded
10	09/08/2023	NSF	Visit Kelso	£ 3,761.30	IT Equipment	Awarded
11	09/08/2023	NSF	Morebattle Community Shop	£ 2,470.00	Retractable Awnings	Awarded
12	09/08/2023	NSF	ASSET	£ 3,500.00	Community Tent	Awarded
13	05/10/2023	NSF	Jedburgh Community Council	£ 2,500.00	Jedburgh Christmas Lights	Assessed
14	15/10/2023	NSF	Kelso Writers Club	£ 262.62	Kelso Area Schools Competition 2024	Assessed
15	17/10/2023	NSF	Pinnaclehill Park Orchard Association	£ 2,256.56	Pinnaclehill Park Orchard Project	Assessed
Total				£ 47,418.48		

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**SCOTTISH BORDERS COUNCIL
CHEVIOT COMMUNITY FUND ASSESSMENT PANEL**

MINUTES of Meeting of CHEVIOT NEIGHBOURHOOD FUND ASSESSMENT PANEL held on Microsoft Teams on Wednesday the 1st of November 2023 at 6pm

Present: - D. Weatherston (Chair)
G. Hayward
G. Horsburgh
H. Tomczyk

In Attendance: - Community Engagement Officer (E. Husband)

1. WELCOME & INTRODUCTIONS

Welcome to the new Assessment Panel member, Harry Tomczyk.

Since the last Area Partnership, the two young people, Erin and Ruby, decided to step down from the panel due to other commitments. We thank them for their input during the time they were on the panel.

2. REVIEW OF MEETING PROCESS FOR NEW MEMBERS

Following protocol established in 22/23, any project with a mean score of 80+ would be recommended for approval. The Group agreed that they would continue this protocol unless a project score was significantly reduced by one individual or where a panel member has questions on a particular project, where further discussion would be required.

For this meeting, it was agreed that the panel would discuss all submitted applications regardless of score for the benefit of new panel members.

3. OUTCOME OF ASSESSMENT PANEL RECCOMENDATIONS TO CAP

With the new financial year, the opening balance of the fund was £46,383.00. With the addition of Localities Bid Fund 2 underspend, the total balance of the fund was £61,456.36.

SBC Finance Team have not confirmed underspend from NSF 22/23 due to capacity pressures in SBC. These numbers will be confirmed by Area Partnership.

Following previous CAP meeting, all funding recommendations were supported totalling £40,771.30 leaving a balance of £19,057.06.

Approval of all pending NSF applications will leave a balance of £14,037.88 (pending underspend figures).

DISCUSSION OF CHEVIOT ASSESSMENT PANEL RECRUITMENT

Available places left on the Cheviot Assessment Panel have been marketed through SBC Comms and E. Husband has shared amongst contact, as well as reaching out to local community members.

Positions Remaining:

- Jedburgh & District (Rural) Community Council
- Jedburgh & District Member of the Public

Youth Engagement Officer Pam Rigby is working with another two young people interested in joining the panel. It was agreed that they would wait until the next round, where we can meet in person, to join.

4. DECLARATIONS OF INTEREST

CFA000197 – G. Hayward

5. PROJECT ASSESSMENTS

A. OVERALL REVIEW OF MARKS

Following protocol established in 22/23, any project with a mean score of 80+ would be recommended for approval. The Group agreed that they would continue this protocol unless a project score was significantly reduced by one individual, where further discussion would be required.

Projects which fell in this category were:

- CFA000197 Jedburgh Community Council
- CFA000198 Kelso Writers
- CFA000199 Pinnaclehill Park Orchard Association

These projects scored an average of 80+ in terms of their ability to deliver, clear evidence of need, potential impact, use of public money, innovation and sustainability and therefore is recommended the Cheviot Area Partnership awards grants in full.

Further project discussion went as follows:

B. CFA000197 Jedburgh Community Council

An application for £2,500 was submitted by Jedburgh Community Council to support the costs of electrical testing, erection and dismantling of their Christmas lights.

C. CFA000198 Kelso Writers Club

An application for £262.62 was submitted by Kelso Writers to engage local schools in a writing competition. Winning authors will have their stories published in an anthology, together, with stories from Kelso Writers.

It is recommended to the Kelso Writers Club that any additional or spare, free copies should be available within local community spaces, e.g., libraries and community centres.

D. CFA000199 Pinnaclehill Park Orchard Association

An application for £2,256.56 was submitted by Pinnaclehill Park Orchard Association to establish an orchard in a 600m² piece of land in Kelso. The area will include a picnic table and benches to enable community members to meet and enjoy the space.

It was expressed by the panel that the path through the greenspace be retained.

E. CONDITIONS OF FUNDING AND EVALUATION REQUIREMENTS

CFA000199 Pinnaclehill Park Orchard Association - Pending confirmed landowner permission.

CFA000197 Jedburgh Community Council – Pending confirmation of received information from Neighbourhood Services required from the group regarding community festive lighting.

6. REVIEW OF FUNDING AVAILABLE AND CLOSING DATE FOR NEXT FUNDING ROUND

Entering this Cheviot Assessment Panel, the panel were presented with 3 applications totalling £5,019.18.

Following the panel's recommendations, funding approved totals £5,019.18.

Pending Finance approval regarding underspend, the total remaining in the pot will be £14,037.88.

Round 4 of the 2023-2024 financial year Neighbourhood Support Fund will close for applications on the 13 December 2023.

7. DECISIONS AND REPORT TO AREA PARTNERSHIP

CFA000197 Jedburgh Community Council	£2,500.00	Awarded
CFA000198 Kelso Writers Club	£262.62	Awarded
CFA000199 Pinnaclehill Park Orchard Association	£2,256.56	Awarded

8. REVIEW OF DATES FOR FUTURE MEETINGS

Application Deadline	Assessment Panel	Area Partnership
13 December 2023	10 January 2024	31 January 2024
14 February 2024	06 March 2024	27 March 2024

9. AOB

The panel requested some additional comms at the end of the financial year to show the successful projects to publicise the funding.

D. Weatherston will be unavailable on the 31st of Jan Area Partnership, G. Horsburgh agreed to step in to deliver the recommendations.

Additional Information

SBC Current Consultations

Have Your Say - Placemaking and Community Engagement Sign Up

Placemaking is a process of community engagement where the opinions and desires of the community are used to inform the future of the places we live, work and play - and by getting involved and telling us what matters to you, we can make sure the voices of all Scottish Borders residents are heard.

Read more: [Have Your Say - Placemaking and Community Engagement Sign Up - Scottish Borders Council - Citizen Space](#)

How we look after our Roads, Bridges and Lighting

The Roads Asset Management Team are looking to shape the future of the road service delivery through developing a set of objectives which we'll use to influence our planning and delivery over the next 5 to 10 years. We want to understand what matters most to the people who rely on our road network, so we can consider this in our decision making and planning.

Read more: [How we look after our Roads, Bridges and Lighting - Scottish Borders Council - Citizen Space](#)

Night Support Service Consultation October 2023

We need to consider new approaches to service delivery that will provide more efficient and effective care, whilst maintaining safe and good quality services. For this reason, we are reviewing the way in which we currently provide overnight care in the community.

Read more: [Night Support Service Consultation October 2023 - Scottish Borders Council - Citizen Space](#)

Scottish Government Current Consultations

Democracy Matters

Somebody, somewhere is making decisions on your behalf. Democracy Matters conversations have already started to explore whether far more of these decisions could be made by communities themselves. This is a key and connected part of the wider Local Governance Review which is looking across all of Scotland's vital public services to consider how power and resources should be shared between national and local government.

Read more: [Democracy Matters - Scottish Government consultations - Citizen Space](#)

Delivery of relationships, sexual health and parenthood (RSHP) education in Scottish schools - draft statutory guidance

This consultation seeks views on draft statutory guidance on the delivery of relationships, sexual health and parenthood education in Scottish schools.

Read more: [Delivery of relationships, sexual health and parenthood \(RSHP\) education in Scottish schools - draft statutory guidance - Scottish Government consultations - Citizen Space](#)

Pension Age Winter Heating Payment

The Scottish Government has committed to replacing Winter Fuel Payment (WFP) with Pension Age Winter Heating Payment (PAWHP) on a like-for-like basis. Given the significant number of clients who will be transferred to Social Security Scotland with this benefit and the need to ensure a safe and secure transition, the focus of this consultation is around gathering evidence on people's views of the current benefit and considering how we could improve the system already in place.

Read more: [Pension Age Winter Heating Payment - Scottish Government consultations - Citizen Space](#)

Healthcare Improvement Scotland: independent healthcare fees consultation

This further consultation is required to ensure that the fees required for the effective regulation of independent healthcare services is fairly implemented.

Read more: [Healthcare Improvement Scotland: independent healthcare fees consultation - Scottish Government consultations - Citizen Space](#)

Strategic environmental assessment of agricultural tenancies, small landholdings and land use tenancy proposals - consultation

As outlined in the Agricultural Reform Route Map, the Scottish Government is committed to ensuring that tenant farmers, smallholders, crofters, new entrants and land managers are effectively enabled to exercise their essential role in making our Vision for Agriculture a reality.

Read more: [Strategic environmental assessment of agricultural tenancies, small landholdings and land use tenancy proposals - consultation - Scottish Government consultations - Citizen Space](#)

Partner Consultations

Borders Community Action Strategy Consultation

Borders Community Action is one of a network of 32 Third Sector Interfaces (TSIs) operating in Scotland, with one for each local authority area. Formed by the Scottish Government, TSIs aid the development of voluntary and community organisations, social enterprises and volunteering.

Third Sector Interfaces play a crucial role in facilitating communication and collaboration between the third sector and various stakeholders, and your input will help shape the future direction of our plan and activities. This survey is one of the methods we have chosen to consult on our draft strategy. We value your insights and feedback and will be using the information gathered to develop our 3-year strategic plan in 2024.

Please follow the link to take part in the consultation:
[Borders Community Action Strategy Consultation \(office.com\)](#)

Food Conversations

The food conversation meeting on Friday 8 September focussed on The Good Food Nation Act, food mapping and public consultation with presentations from Nourish Scotland.

The next Food Conversation meeting will take place on 17 November on Microsoft Teams. If you are interested in joining these meetings, please let us know.

Community Choices

There are no updates for Community Choices. Should this change, an update on the latest meeting will be provided at the Area Partnership.

Community Empowerment

Currently, there are no formal Participation Requests being considered within the Cheviot area. SBC is currently working with and advising groups for 7 asset transfer requests.

For information about the Community Empowerment (Scotland) Act 2015: [Parts of the Act | Community Empowerment \(Scotland\) Act 2015 | Scottish Borders Council \(scotborders.gov.uk\)](#)

Place Making

A place-based approach is about understanding the potential of a place and coordinating action to improve outcomes, with community participation at the heart of the process. For information, tools and resources on place-based approaches visit [Our Place](#)

For details on existing Borderlands Towns Place Making progress visit [Place Programme \(arcgis.com\)](#)

Area Partnerships' Information Pack

[Cheviot Area Partnership | Scottish Borders Council \(scotborders.gov.uk\)](#)

[Community engagement, planning and ownership | Area Partnership information pack | Scottish Borders Council \(scotborders.gov.uk\)](#)

Community Councils:

Scottish Community Councils Latest News, including information about funding opportunities and national consultations:

[Community Council News](#)

Scottish Borders Council Meetings

[Browse meetings - Scottish Borders Council - Scottish Borders Council \(modern.gov.co.uk\)](#)

Cost of Living Support

[Financial support and advice | Cost of Living Crisis support | Scottish Borders Council \(scotborders.gov.uk\)](#)

Debt Advice:

[Citizens Advice Bureau](#)



Download the NHS
Borders Money Worries
App here

NHS Money Worries App – download from Google Play or the App Store

Covid-19 vaccination programme

<https://www.nhsborders.scot.nhs.uk/patients-and-visitors/covid-19-vaccination-programme/>

NHS Borders website for current updates:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/coronavirus/>

Business support

<https://www.scotborders.gov.uk/covid19business>

<https://findbusinesssupport.gov.scot/>

General Funding:

<https://fundingscotland.com/>

[Grants Online](#)

<https://www.tnlcommunityfund.org.uk/>

[Community grants and funding | Scottish Borders Council \(scotborders.gov.uk\)](#)

[Neighbourhood Support Fund | Scottish Borders Council \(scotborders.gov.uk\)](#)

[SBC Enhancement & Welfare Trust](#)

NHS Borders Wellbeing Service:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/our-services/general-services/wellbeing-service/>

NHS Borders Wellbeing Point:

www.nhsborders.scot.nhs.uk/wellbeingpoint

<https://www.rcot.co.uk/conserving-energy>

This includes pacing, fatigue management and some ideas about restarting gentle exercise

<https://www.yourcovidrecovery.nhs.uk/>

This covers most aspects, including information from physiotherapy and occupational therapy websites

<https://www.chss.org.uk/advice-line-nurses/>

Phone or email to access their support/advice

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